



BRIDALFITNESSCOACH

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Make a commitment.

TRAININGPACKAGES*

BRIDEONLY

8 Sessions	\$680	\$85 per session
16 Sessions	\$1280	\$80 per session
24 Sessions	\$1800	\$75 per session

BRIDEANDGROOM

Group of Two

8 Sessions	\$520	\$65 per session
16 Sessions	\$960	\$60 per session
24 Sessions	\$1320	\$55 per session

BRIDALBOOTCAMP

Group of Three

8 Sessions	\$400	\$50 per session
16 Sessions	\$720	\$45 per session
24 Sessions	\$960	\$40 per session

Group of Four

8 Sessions	\$296	\$37 per session
16 Sessions	\$560	\$35 per session
24 Sessions	\$768	\$32 per session

** Pricing different at Laurel Heights and Marina locations*